



**The 16th Annual
Ohio Adult Sibling Conference
“REACHING FOR WELL-BEING”**

Friday, November 11, 2016

1:30 pm to 2:45 pm	Registration
2:45 pm to 3:00 pm	Welcome and Opening Remarks: Dr. Sarah Hall, Ohio SIBS Board Chair
3:00 pm to 3:45 pm	Burn Out and Self Care: Sari Winerman
3:45 pm to 4:45 pm	New and Emerging Technology: John “Sid” Blair and Kathryn Zielinski
4:45 pm to 5:30 pm	The Importance of Preventative Care in Oral Hygiene: Shannon Skiba, DDS
5:30 pm to 6:15 pm	HAPPY HOUR ☺
6:15 pm to 8:00 pm	DINNER
	Through My Eyes: The History of Disability in Ohio: Marvin Moss
	Songs and Conversation on the Way to Well-Being: Joanie Calem
8:00 pm to 10:00 pm	HOSPITALITY SUITE – EVERYONE WELCOME: Room #415

Saturday, November 12, 2016

7:00 am to 8:00 am	Breakfast and New Registrations
8:00 am to 8:30 am	Good Morning with Chair Yoga: Donna Villareal
8:30 am to 9:30 am	Against All Odds: Megan Rothermel
9:30 am to 10:30 am	Self-Care as a Political Act: National Policy Updates for Sibs: Rachel Patterson
10:30 am to 10:45 am	Break
10:45 am to 11:45 am	Navigating the DD Residential System: A Sister’s Journey: Colleen Beard
11:45 am to 12:45 pm	LUNCH
12:45 pm to 1:30 pm	Dementia in Individuals with Down Syndrome: Katherine Koenig, Ph.D.
1:30 pm to 2:00 pm	Protecting People with Disabilities from Exploitation: Tabitha Woodruff, Esq.
2:00 pm to 2:45 pm	With You, Ohio SIBS is Thriving: Bobbi Montenegro, Ohio SIBS E.D.
	Statewide Sibling Gatherings Project: Debra (Plaza) Moore
	“Reaching Out” Launch: Dean and Jeffery Fadel