



# The 16th Annual Ohio Adult Sibling Conference

## REACHING FOR WELL-BEING

**Friday, Nov. 11 & Saturday, Nov. 12**  
Embassy Suites • Dublin, Ohio

presented by



**Ohio SIBS**  
SPECIAL INITIATIVES  
BY BROTHERS & SISTERS

### Join Us!

#### Friday, Nov. 11 (3 p.m. to 8 p.m.)

- Welcome reception, dinner, cocktail hour
- Cuyahoga County Board Assistive Technology Department: Updates about supportive technology
- Art show by artists with developmental disabilities

#### Saturday, Nov. 12 (8 a.m. to 2:30 p.m.)

- Breakfast and lunch
- Optional opening session with Yoga instructor Donna Villareal
- Presentations
- Opportunities to meet and network with other siblings
- Self-advocacy sessions

#### Additional topics include:

- Compassion Fatigue and Secondary Trauma
- Cleveland Clinic Research Update: "Dementia in Individuals with Down Syndrome"
- Ohio SIBS' Regional Sibling Gatherings Project
- History of Disability in Ohio
- How Ohio SIBS Needs You!

#### Conference Registration \$115

#### Location: Embassy Suites Dublin

5100 Upper Metro Place • Dublin, OH 43017  
(614) 790-9000 or (800) 220-9219

Use code OSI by 10/23/16 to receive the special room rate of \$129 per night (plus tax).

### FEATURED SPEAKERS



#### Colleen Beard

Founder of CareSpotlight.com  
Topic: "Navigating the DD Residential System: A Sister's Journey & Lessons Learned"



#### Rachel Patterson, M.P.A.

Director of Public Policy, the Christopher and Dana Reeve Foundation  
Topic: "Self-Care as a Political Act: National Policy Updates for Sibs"



#### Megan Rothermel

Young Adult Self-Advocate with Down Syndrome  
Topic: "Against All Odds"



#### Shannon Skiba, D.D.S.

Associate Professor and Dentist, Nisonger Dental Clinic, The Ohio State University  
Topic: "Importance of Preventative Care in Oral Hygiene"



#### Tabitha Woodruff, Esq.

Special Needs Attorney, Hickman & Lowder Co. L.P.A.  
Topic: "Protecting People with Disabilities from Exploitation"

